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DISHES	Cereals	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Molluscs	Celery	Mustard	Sesame	Sulphur Dioxide /	Lupin	Tree nuts	Deep Fried
BREAKFAST	Gluten*										Seeds	Sulphites			
Coconut yoghurt granola	Spelt													Hazlenuts Almonds	
Acai superfood bowl	Spelt													Hazlenuts Almonds	
Wild mushroom on toast	Wheat													Airionds	
Porridge	Wheat													Hazlenuts Almonds	
American Waffle Savory	Wheat													7 iiiioiido	
American Waffle Sweets	Wheat													Hazelnuts	
Banana bread with rhubarb	Wheat													Pistachios	
French toast	Wheat													Almonds	
Smashed avocado	Wheat														
Croissants & pastries	Wheat													Hazelnuts	
Eggs Benedict	Wheat														
Eggs Florentine	Wheat														
Egg Royale	Wheat														
Salmon & scrambled eggs	Wheat														
Shakshouka	Wheat														
The Rosslyn	Wheat														
Sweetcorn & courgette fritters	Wheat														
Truffle hash browns															
Smoked salmon															
Halloumi															
SMALL PLATES	Cereals Containing Gluten*	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Molluscs	Celery	Mustard	Sesame Seeds	Sulphur Dioxide / Sulphites	Lupin	Tree nuts	Deep Fried
Fish tacos															
Mac & cheese croquettes	Wheat														
Mushroom Soup	Wheat														
Duck bao buns	Wheat														
Pulled beef quesadilla	Wheat														
Tuna taco															
Buffalo Cauliflower wings	Wheat														
Corn ribs															
MAINS PLATES	Cereals Containing Gluten*	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Molluscs	Celery	Mustard	Sesame Seeds	Sulphur Dioxide / Sulphites	Lupin	Tree nuts	Deep Fried
Rib eye steak															
Half peri peri chicken															
Chicken paillard															
Maple glazed salmon	Wheat														
Fresh tagliarini pasta	Wheat														
BBQ shortrib	Barley														
Tuna poke bowl															
Lemon sole	Wheat														
Chicken skewers	Wheat											Sulphur			
BURGER		Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Molluscs	Celery	Mustard	Sesame Seeds	Sulphur Dioxide / Sulphites	Lupin	Tree nuts	Deep Fried
Classic beef	Wheat Oats Barley														
Falafel	Wheat Oats Barley														
Buttermilk fried chicken					<b></b>				<del></del>					<del></del>	

Oak & Poppy	
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DISHES	Cereals Containing Gluten*	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Molluscs	Celery	Mustard	Sesame Seeds	Sulphur Dioxide / Sulphites	Lupin	Tree nuts	Deep Fried
SALADS												, , , , , , , , , , , , , , , , , , ,			
Quinoa salad															
Chopped salad															
Kale,charred corn & feta salad															
Rose harissa cauliflower salad	Wheat														
SIDES	Cereals Containing Gluten*	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Molluscs	Celery	Mustard	Sesame Seeds	Sulphur Dioxide / Sulphites	Lupin	Tree nuts	Deep Fried
Green beans															
Broccoli tender stem															
Mix leaf salad															
Sweet potato fries															
House fries															
Hasselback potatoes	Wheat														
Truffle fries															
Halloumi fries															
TO SHARE	Cereals Containing Gluten*	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Molluscs	Celery	Mustard	Sesame Seeds	Sulphur Dioxide / Sulphites	Lupin	Tree nuts	Deep Fried
Crudites & crispbread	Wheat														
Mezze Platter	Wheat														
DESSERTS	Cereals Containing Gluten*	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Molluscs	Celery	Mustard	Sesame Seeds	Sulphur Dioxide / Sulphites	Lupin	Tree nuts	Deep Fried
Tiramisu	Wheat											·			
Half baked cookie dough	Wheat													Hazelnuts	
Pecan pie	Wheat													Pecans	
Sticky toffee pudding	Wheat														
Ice cream & sorbets															
Doughnuts	Wheat													Hazelnuts	
KIDS	Cereals Containing Gluten*	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Molluscs	Celery	Mustard	Sesame Seeds	Sulphur Dioxide / Sulphites	Lupin	Tree nuts	Deep Fried
Grilled chicken fillet															
Beef burger	Wheat Oats Barley														
Pasta with tomato sauce & cheese	Wheat														
Fish goujons	Wheat														
Selection of ice cream															
Berries meringue															
May contains (information from supplier) -															
Deep Fried - CC															