



# Oak & Poppy

allergens menu



## **BREAKFAST MENU**



# BREAKFAST

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## Coconut yoghurt granola



gluten



nuts



milk

## Coconut porridge



gluten



nuts

## Wild mushroom on toast



gluten



milk



eggs



sulphites

## Banoffee banana bread



gluten



nuts



milk



eggs



soya

## American pankaces



gluten



milk



eggs



soya



nuts

## Smashed avocado on sourdough toast



gluten



eggs

## Selection of croissants & pastries



gluten



milk



eggs



soya



nuts

## Eggs Benedict, Florentine, Royale



## Posh bacon roll



## Salmon & scrambled eggs



## French toast



## Superfood acai bowl



## The Rosslyn



## Sweetcorn & courgette fritters



## Truffle hash browns



## Smoked salmon





## ALA CARTE MENU



# SMALL PLATES

---

## Fish tacos



fish



gluten



soya



celery



mustard



eggs



sulphites

## Mac & cheese croquettes



gluten



milk



eggs



crustacean cc

## Crispy shrimp cocktail



crustacean



gluten



soya



eggs



mustard

## Duck bao buns



gluten



soya



sesame

## Pulled beef quesadilla



gluten



soya



milk



sulphites

## Nori taco



fish



soya



sesame

## Cauliflower wings



gluten



sesame

## Corn ribs



sesame

# STARTERS

---

## Crudites & crispbread



soya



gluten



celery

## Mezze Platter



gluten



soya



celery



mustard



sesame



milk



crustacean **cc**

## MAINS

---

### Sirloin steak



milk



eggs



sulphites

### Half peri peri chicken



mustard



sulphites

### Chicken paillard



mustard



sulphites

### Maple, soy & lime glazed salmon



fish



gluten



soya



sesame

### Nduja & Burrata Mafalde pasta



gluten



milk



eggs



sulphites

### Lemon sole



fish



milk



mustard



sulphites

### Tuna poke bowl



fish



soya



sesame

### Braised short ribs



gluten



milk



celery



sulphites

# BURGER

---

## Classic beef



fish



gluten



soya



milk



mustard



eggs



sulphites



crustacean cc

## Falafel



gluten



soya



milk



mustard



sesame



sulphites



crustacean cc

## Buttermilk fried chicken



gluten



milk



sulphites

# SALADS

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## Quinoa salad



soya



sesame



sulphites

## Chopped salad



gluten



milk



celery



mustard



eggs

## Greek corn salad



milk

## Rose harissa cauliflower



gluten



sesame



sulphites



# SIDES

---

## Green beans



milk

## House fries



gluten



crustacean cc

## Parmesan mix leaf salad



milk



mustard

## Mash potato



milk

## Sweet potato fries



gluten



crustacean cc

## Halloumi fries



gluten



milk



crustacean cc

## Tenderstem broccoli



soya

## Truffle fries



gluten



milk



crustacean cc

# DESSERTS

---

## Tiramisu



gluten



soya



milk



eggs

## Half baked cookie dough



gluten



soya



milk



eggs



peanut

## Pecan pie



gluten



milk



eggs



nuts

## Toffee apple cake



gluten



milk



eggs



nuts

## Ice cream & sorbets



soya



milk



nuts

## Nutella fillet donuts



gluten



eggs



soya



milk



nuts



crustacean cc

# KIDS MENU

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## Grilled chicken fillet



milk



crustacean **cc**

## Beef burger



milk



gluten



soya



eggs



crustacean **cc**

## Pasta with tomato sauce & cheese



milk



gluten



eggs

## Fish goujons



milk



gluten



eggs



mustard



molluscs



crustacean **cc**

# KIDS DESSERTS

---

## Selection of ice cream



milk



gluten



soya



eggs



nuts

## Berries meringue



eggs

