

# Oak & Poppy

## Bowls

Superfood granola  
greek yoghurt, fresh berries  
(coconut yoghurt available) 7

Acai bowl  
granola, kiwi, bananas, 8.5

Coconut porridge  
banana, almonds, date molasses 9

## Blends

Celery, ginger, lemon, apple 6.5

Spinach, cucumber, kale, pineapple 6.5

Beetroot, carrot, pomegranate juice 6.5

## Fresh Juices

Apple 4.5

Orange 5

Carrot 5

## Coffee & Tea

Espresso / macchiato (single/double) 3/3.5

Americano / flat white / cappuccino / latte 3.8

Chai / matcha latte 4.5/3.8

Hot chocolate - milk / dark 5.5

Ace teas - English breakfast tea / earl grey 3.8

Royal mint green tea / pure green / camomile 3.8

Pure Nettle (caffeine free) 3.8

Fresh mint tea / Fresh ginger tea 4

Iced latte 4.7

Add syrup (vanilla/caramel/hazelnut/almond/chestnut) 0.5

## Cooked

Daily selection of pastries (until sold out)  
- croissant with jam & butter 4  
- nutella pain au chocolate 4

Toasted sourdough with jam/marmalade & butter 5

Hash browns with cheese & truffle 6.5

Banoffee banana bread  
whipped vanilla bean mascarpone, caramelised  
bananas, dulce de leche, pistachio 8.5

Smashed avocado on sourdough toast 9.5  
- add poached eggs 13.5

Wild mushrooms on toast  
kale, poached egg, halloumi, hollandaise 11.5

Scrambled eggs on sourdough toast 9  
- with Cumbrian back bacon 11  
- with oak smoked Scottish salmon 13.5

American style pancake stack  
with peach, raspberry, whipped vanilla bean  
mascarpone, almonds & maple syrup 11

Eggs Benedict, Florentine, Royale  
served on a toasted muffin 10/11/13

Posh bacon roll  
brioche bun, brown sauce, cheese  
back bacon and egg 11.5

Sweetcorn & courgette fritters  
avocado, poached egg, feta,  
chermoula hollandaise 13

The Rosslyn  
back bacon, sausage, poached eggs,  
hash browns, avocado, halloumi sticks,  
cherry tomatoes, buttered kale & toast 16

Doing our bit for the planet, we serve our house-filtered mineral water for £1 per person

Some of our dishes contain one or more of the 14 key allergens. Please ask a staff member for more detailed information.

All service charge is paid out in full to staff who work directly for Oak & Poppy. A 12.5% discretionary service charge will be added to your bill.